MAKING EVIDENCE CARE

BERNADETTE MAZUREK MELNYK

You have to dream before your dreams come true

THE FULLD INSTITUTE IS MY DREAM COME TRUE

2019 FULLD INSTITUTE FOR EBP NATIONAL SUMMIT

HAVE AN IMPACT ON OTHERS

WE DON’T TRANSLATE EVIDENCE INTO PRACTICE

WE NEED COORDINATION TO OVERCOME INDUSTRIALIZED CARE

WE ASK PATIENTS TO DO TOO MUCH

WE CARE MORE ABOUT PEOPLE WHO ARE NOT IN THE ROOM

WE DESIGN PLANS AND BUILDINGS AROUND 1 DISEASE

YOUR TIME IS NOT IMPORTANT... PLEASE KEEP WAITING!

WE CARE MORE ABOUT PEOPLE WHO ARE NOT IN THE ROOM

FOCUS ON WHO THEY ARE!

EVIDENCE-BASED CARE

WE NEED EVIDENCE THAT WE CAN TRUST

EVIDENCE-BASED CARE IS THE OPPOSITE OF INDUSTRIAL CARE

GOOD EVIDENCE CONNECTED TO CARE... WITH THE RIGHT CONTEXT AND INTENT

CARING IS A RENEWABLE RESOURCE

IT TAKES CARING CONVERSATION

NO ONE WANTS TO BE A PATIENT AND BE FRIGHTENED

BRAKES MINUS BRAKES MINUS BRAKES MINUS BRAKES MINUS BRAKES

INTEGRITY

LOVE

STOP CHASING GREED

# FULLD INSTITUTE

THE OHIO STATE UNIVERSITY COLLEGE OF NURSING
SHARED DECISION MAKING

Rekindle the Flame of Healing and Love

We treat patients as "THEM"

Let's SLOW THINGS DOWN

We're coming around ... Look at the evidence and experiment to improve safety

CAREING does not take a lot of extra TIME ... We may be the only ones who are their COMMUNITY

Care is a Team sport

You have the RIGHT TO SAY "NO" and create a better SYSTEM

Our systems are focused on THE METRICS and not on CARE ... systems are CRUEL and CORRUPT

The system is MOST CRUEL when people are doing their job

We force patients to make clinical decisions

I practice patient-sensitive care

They are the expert of their lives

We must accept not knowing

Patient-centered care is a conversation done within the culture of our space

Sometimes the patient doesn't have time for doing research

The relationship is a role of the patient

SHARON TUCKER
VICTOR MONTORI
MICHAEL FORBES
PAULA DUNHAM

LOAD WORK

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THE OHIO STATE UNIVERSITY
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EBP Trailblazers Honorees

Use the wisdom of the crowd
Be the bridge spanner
Create followers
Build a diverse team
Know the evidence
You are promoting change

Humble and curious
Work with patients...what matters to them
If you don’t know what you’re doing, you can’t care

Have a growth mindset
Leading
Build this into your culture
Learn from your resistors

Have a mentor
Find your dream and purpose
Live EBP and prosper

Boldly go into the void
EB practice, practice, practice

Have a dream
Discover and take risks

Commit to helping nurses and patients
Give recognition and rewards
Let’s write a book on these lessons learned!
Persist through character-building days

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The Ohio State University College of Nursing
Maker Ninja
Using best evidence to curb the opioid epidemic in the Dayton Veterans Administration Medical Center.


The worst call is when a patient has died.

Most patients first experience opioids due to trauma.

Many turn to heroin when prescriptions run out.

The VA Medical Center is an open campus... people sell drugs here to veterans.

We rely on observation in a very porous environment.

Many suffer from brain trauma and multiple factors.

The future is the biggest factor in helping people.

Creating ways to access naloxone.

Seeing opioids cut with drugs like cocaine... forming opioid addiction.

Classify dependency as mild, moderate or severe.

Time is the key.

Medicine assisted therapy is the key.

Journal research. Designing a new solution. Integration... getting veterans involved in making choices.

Keep putting information in peoples' faces.

2019 Fuld Institute for EBP National Summit
The Ohio State University College of Nursing
QUALITY IMPROVEMENT PROJECT: INCORPORATING EVIDENCE-BASED PRACTICE INTO THE NURSING CULTURE AT OHIO'S HOSPICE INC.

CONDUCTED A SURVEY OF OHIO NURSES...
...LED AN EDUCATION SESSION
FORMED A PICO&T QUESTION
LEARNED POSTER CREATION TECHNIQUES

ROUNDING SESSION
JOURNAL CLUB
THE VALUE OF MENTORING

WE CREATED AN EBP COMMITTEE
LESSONS LEARNED:
- STAKEHOLDER ENGAGEMENT
- MAKE THIS FUN AND POSITIVE
- BUILD INTER-DISCIPLINARY TEAMS
PEOPLE CALLED US TO BE ON THE COMMITTEE

VISITATION PRACTICES IN MAGNET & PATHWAY TO EXCELLENCE FACILITIES WITH ADULT INTENSIVE CARE UNITS

STUDY: WHAT ARE CURRENT VISITATION PRACTICES?
51% OF HOSPITALS REPORTED OPEN VISITATION
...WE CALLED ONLY 18% ALLOW OPEN VISITATION

NURSES' ATTITUDES ARE A BARRIER TO OPEN SETTINGS
WE MANAGED QUALITATIVE, QUANTITATIVE AND CLINICAL BARRIERS

WE TALKED TO NURSES ABOUT:
- EMPATHY
- GOVERNANCE
- POLICY
- GOAL
OUR GOAL IS TO HELP NURSES AND MAKE THEM CHAMPIONS
WE ALSO SAW NEED TO UNBURDEN NURSES AS HAVING SOLE RESPONSIBILITY FOR OPEN VISITATIONS

PRACTICE DRIFT
PD PRESENTS RISK!
PD IS A FORM OF DEVIANCE
OUR NURSES AND DOCTORS ARE GOOD PEOPLE!
THEY ARE OVER BURDENED

PD IS A SHIFT FROM A POLICY
"PD CAN BECOME THE CULTURAL NORM"
AND MANY AREN'T AWARE OF IT!

MOST PARTICIPANTS HAVE 10+ YRS. EXPERIENCE
THIS STUDY WAS INSPIRED BY BAD BEHAVIOR BY GOOD PEOPLE

0 GRANT WINNER AND EBP IN CLINICAL SETTINGS PRESENTATIONS
Creating a Culture of Evidence-Based Decision Making

Leadership, Work Environment, and Recognition

Feelings of Value

Examination of Incivility Training

Front-Line Training

Authentic Leadership Training

Actions

Workshops

Training & Internships for Nurses Across Hawaii

A Lesson of EBP is to Share

Expected Outcomes

More Groups and Interest in EBP

Projects

Summaries

Our Repository

Ours Work Environment Is Completely Different

Climbed a Craggy Staircase to Get to Smooth Ground

Outcomes:

Attrition Rates ↓

More Certifications

Reduced Bullying & Bad Behavior

Leadership in EBP Presentations

Utilizing Evidence, Experience, and Intention to Build a Better EBP Program and Achieve Results

Many Partners Talking About the Same Things in Silos

We Know That Most Nurses Don’t Have EBP Knowledge

We Did an EBP Assessment of Our Organization

We Needed to Train in EBP & Build Infrastructure

JAN 2018

Our First EBP Immersion

The Value Included HR and Nurse Retention

This Education Is for Everyone!

It’s Part of Taking Care of Your People

Look to Their Strengths!

Continuously Process and Improve!

Our Intent, Achieved Better Patient Outcomes

Build a Cadre

Have Mentors

Use a Simple Strategic Plan

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Ohio State University

College of Nursing
EVIDENCE-BASED QI Enables EB Care

VARIABILITY vs QUALITY

WHERE DO WE EXPECT RELIABILITY?

1,100 people per day die due to our systems

IF YOU DON’T DIE FROM CANCER OR HEART DISEASE, OUR SYSTEMS WILL KILL YOU!

LOAD THIS ALL TOGETHER...

AND LOOK AT PROCESS IMPROVEMENT

I HAVE A BLACK BELT IN EBQ

I HAVE A BLACK BELT IN SIX SIGMA & LEAN

LET’S TEAM UP!

GOOD IDEA + GOOD PROCESS = GOOD OUTCOME

GET THE QUALITY PEOPLE TO THE TABLE

LYNN GALLAGHER-FORD

WE’VE BECOME COMFORTABLY NUMB...

BEST 30% USE EBP

WE’RE EXPECTED TO BE EXPERTS...

BUT IN THE PAST, WE HAVEN’T CARED ABOUT EBP

WE’VE TRIED SIX SIGMA & LEAN

EBP + QI HAVEN’T BEEN LINKED

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THE OHIO STATE UNIVERSITY COLLEGE OF NURSING
Our goal:
To be your CPG source

Trustworthy guidelines
Primary audiences

131 medical societies
70+ countries
Reviewed recommendations

Debut:
EGT REC CENTER
Compare and vet clinical recommendations

ECRI Guidelines Trust
Clinical practice guideline content

The Trust Review focuses on clear recommendations

Challenges using guidelines
- Lack of clarity
- Comparing guidelines

Guideline development group
Evidence review
- Literature search
- Study selection
- Evidence synthesis

Janice Kaczmarek
Developers vetted against IOM standards

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What did you hear today that surprised you, concerns you, excites you, and inspires you?

Care for patients -- be present!!!

EVIDENCE-BASED CARE

Clinicians!

a Healthcare system built on kindness and care

GROSSED
Get rid of stupid stuff!

REVOLT
Against the system

change
INDUSTRIALIZED HEALTHCARE

Don’t create EBP SILOS

EBP is not another silo!

providers

BAN MEDICAL ERRANDS

when patients can’t sustain expectations, we label them as non-compliant

Ketogenic diet impact on African American women’s health

Social determinants of health matter!

The concept of bias in published evidence & how to mitigate this

There are better ways to care for our NAS babies!

Dream big

Be unburied!

Proceed until apprehended